Virginia Oral Health Strategic Plan for Early Head Start and Head Start Programs

Access to Care in Rural Areas

Goal 1: Increase access to oral health services for pre-school children through public and private health care providers

Strategies and Action Steps	Proposed Key Partners	Lead	Timeline	Resource Needs
1.1.1. Develop a list of available dentists who will see pre-school age children (under age 5) including Medicaid providers, by city and county to include general dentists, pediatric dentists and oral surgeons.	Local Health Service Advisory Committees, Virginia Division of Dental Health (DDH), Head Start, Department of Medical Assistance Services (DMAS), Doral Dental, Virginians for Improved Access to Dental Care Coalition (VIADC)	DMAS (Doral)	3 – 6 months	Funding for individuals to coordinate resources in each locality or at a state level. Comment: Doral Dental now has provider directory by locality.
1.1.2. Develop a letter from local Head Start Advisory Committees to dentists in their areas including a survey asking whether the dentist would see pre-school children from Head Start	Local Health Service Advisory Committees, Head Start Advisory Committees; with input from Virginia Dental Association (VDA,) DDH, VIADC	Head Start	3 – 6 months	Committee/person to develop survey, funding to mail and tabulate
1.1.3. Explore research grants or funding to offer financial incentives for dental providers to see pre-school children	VIADC, DMAS, Doral Dental, VDA, DDH	VIADC	Contingent on grant deadlines	Funding for grant writer or volunteer
1.1.4. Explore expansion of services provided and develop partnership agreements with dental providers currently under contract with Head Start Programs	Contracting dentists and Head Start	Head Start	2 months	Head Start Advisory Committee to explore
1.1.5. Increase the number of pediatricians providing early identification and referral of dental problems and providing preventive services such as fluoride varnish	VA Chapter of the American Academy of Pediatrics, VDA, DDH, DMAS	VDH	1 year	Funding for DMAS to reimburse non-dental providers for services to providers in all MCOs

1.1.6. Establish relationships with dental professionals to assist with identification and referral of children with oral disease	Partner with dental hygiene schools, private dentists and dental hygienists, Head Start	VCU School of Dentistry	1 Year	Continuing education and training needed for dental providers
1.1.7. Head Start Programs understand, establish and promote the dental home concept	Head Start, VDH, VA Chapter of the American Academy of Pediatrics	Head Start	1-2 Years	Training needed
1.1.8. Increase the number of public clinics and mobile dental units	Free clinic Assn, VA Primary Care Assn, VDH, VIADC	VIADC	Unknown	Funding needed
1.1.9. Explore national reciprocity of licensed pediatric dentists from other states	VDA, VA Board of Dentistry, General Assembly, dental schools	VDA	Done	* Already in place effective with emergency regulations
1.1.10. Develop marketing strategies to attract dentists to live and work in VA, tailored to individual areas	School systems, Chamber of Commerce, local medical and dental societies, tourism boards, realty associations, social and faith-based groups		1-2 Years	Organization at the local level
1.1.11. Pilot an initiative where rural communities assist their own residents to return and work as a dentist in exchange for scholarship support through school	Community residents and school systems, Chamber of Commerce, local medical and dental societies, tourism boards, realty associations, social and faith-based groups		2-3 Years	Funding from the community for the scholarship payment, someone to organize
1.1.12. Initiate license reciprocity and portability agreement across state borders for Medicaid reimbursement	DMAS, General Assembly, VDA, VA Board of Dentistry	DMAS	1-2 Years	Review federal law for viability of action Comment: Provider must be in network with Doral. Code of Federal Regulation is in place.

1.1.13. Explore research grants or funding for educational curriculum for health care practitioners and general	Schools, VIADC, DMAS, Doral Dental,	VCU School of Dentistry	Contingent on grant deadlines	Funding for grant writer and to pilot data collection
dental providers to provide risk assessment, preventive dental services and referral of pre-school children.	VDA, VDHA, DDH			

Access to Care in Rural Areas
Goal 2: Increase access to pediatric dentists

Strategies and Action Steps	Proposed Key Partners	Lead	Timeline	Resource Needs
1.2.1. Explore national reciprocity of licensed pediatric dentists from other states	VDA, VA Board of Dentistry, General Assembly, dental schools	VDA	Done	* Already in place effective with emergency regulations
1.2.2. Develop marketing strategies to attract pediatric dentists to live and work in VAtailored to individual areas	School systems, Chamber of Commerce, local medical and dental societies, tourism boards, realty associations, social and faith-based groups		1-2 Years	Organization at the local level
1.2.3. Pilot an initiative where rural communities assist their own residents to return and work as a pediatric dentist in exchange for scholarship support through school	Community residents and school systems, Chamber of Commerce, local medical and dental societies, tourism boards, realty associations, social and faith-based groups		2-3 Years	Funding from the community for the scholarship payment, someone to organize
1.2.4. Initiate license reciprocity and portability agreement across state borders for Medicaid reimbursement	DMAS, General Assembly, VDA, VA Board of Dentistry	DMAS	1-2 Years	Review federal law for viability of action Comment: Provider must be in network with Doral. Code of Federal Regulation is in place.
1.2.5. Develop a letter from local Head Start Advisory Committees to dentists in their areas with a survey asking whether the dentist would see pre-school children from Head Start	Health Service Advisory Committees, Head Start Advisory Committees; with input from Virginia Dental Association (VDA,) DDH, VIADC	Head Start	3 – 6 months	Committee/person to develop survey, funding to mail and tabulate
1.2.6. Explore research grants or funding to offer financial incentives for dental providers to see pre-school children	VIADC, DMAS, Doral Dental, VDA, DDH	VIADC	Contingent on grant deadlines	Funding for grant writer or volunteer

1.2.7. Explore partnership agreements developed within contractual agreements between the dental provider and Head Start	Contracting dentists and Head Start	Head Start	2 months	Head Start Advisory Committee to Explore
1.2.8. Explore research grants or funding for educational curriculum for health care practitioners and general dental providers to provide risk assessment, preventive dental services and referral of pre-school-aged children.	Virginia Commonwealth University (VCU) School of Dentistry, Dental Hygiene Schools, VIADC, DMAS, Doral Dental, VDA, VDHA, DDH	VCU School of Dentistry	Contingent on grant deadlines	Funding for grant writer, pilot data collection or volunteer

Access to Care in Rural Areas Goal 3: Increase state and local collaboration among service providers to teach families the importance of oral health for pre-school children

Strategies and Action Steps	Proposed Key Partners	Lead	Timeline	Resource Needs
1.3.1. Identify public advisory boards	FAMIS, United Way, Chambers of		12 - 18	
of partnering groups and request	Commerce, Healthy Families, VHCF,		months	
participation in problem solving	Virginia Health Care Foundation, low-income			
through recruitment	families, VA Dept of Social Services, Local			
	Advisory Boards			
1.3.2. Share results of meetings and	DMAS, FAMIS, (Doral has outreach		12 - 18	
provide educational materials around	materials), United Way, Chambers of		months	
oral health for pre-schools	Commerce, Healthy Families, VHCF,			
	Virginia Health Care Foundation, low income			
	families			
1.3.3. Solicit cooperation and support	Healthy Families, Virginia Health Care		12 - 18	Comment: *Currently
to include parent focused oral health	Foundation		months	being done in "New Parent
information in "hospital kits"				Tool Kit"
1.3.4. Hold a series of oral health	FAMIS, DMAS, Families, United Way,		6 - 12	Local Head Start Advisory
focus groups to problem solve and	Chamber of Commerce, Virginia Department		months	Committees to organize
develop solutions to improve	of Health dentists in localities, private			focus groups
knowledge of oral health for low-	dentists, dental hygienists			
income children and families				
1.3.5. Develop a team to organize,	Collaboration Office, VHSA, TA system		6 - 12	Local Head Start Advisory
conduct, and follow-up local focus			months	Committees to organize
groups				focus groups
1.3.6. Include community partners at	Medicaid (Doral), dental office worker,		Each year	Local Head Start Advisory
health fairs and Health Service	families, Health Service Advisory			Committees
Advisory Committee meetings	Committees, Head Start Advisory Committees			
1.3.7. Develop local Public Service	VIADC, VDH, VDHA, Head Start		6-12	Funding for PSAs and
Announcements (PSAs) regarding the			months	Coordination and
importance of oral health				Development

Access to Care in Rural Areas Goal 4: Increase the number of dentists participating in Medicaid

Strategies and Action Steps	Proposed Key Partners	Lead	Timeline	Resource Needs
1.4.1. Decrease number of broken	Head Start transportation, Medicaid		1 year	Case management
appointments by Head Start children	transportation, parents			
1.4.2. Explore a tax break for	Legislature, DMAS, VDA, Doral, VIADC		1 year	Funding for tax initiative
providers to cover the fees not				through State General
collected through Medicaid				Revenue
1.4.3. Increase the number of	VCU, legislature, Virginia Department of		1 year	* Not currently needed as
scholarships/loan repayments for	Health			a large increase was just
dentists practicing in shortage areas				funded

Access to Care in Rural Areas Goal 5: Increase the opportunities for Head Start children to have transportation to dental care

Strategies and Action Steps	Proposed Key Partners	Lead	Timeline	Resource Needs
1.5.1. Explore a requirement for	Head Start, DMAS, Medicaid	DMAS	6 – 12	Input from DMAS
Medicaid to transport children to	Transportation		months	regarding current
services				requirements
1.5.2. Explore other options for Head	Head Start	Head Start	1 ½ years	Head Start Advisory
Start to get transportation				Committee
1.5.3. Increase local options for	Head Start, local government, Department	Head Start	2 years	Funding and resources
transportation	of Transportation			
1.5.4. Increase amount of funding for	Head Start, local government, Department	Head Start	2 years	Funding
transportation to dental services	of Transportation			

Access to Care in Urban Areas: Goal 1: Develop access for patient populations without public or private sources of funding

Strategies and Action Steps	Proposed Key Partners	Lead	Timeline	Resource Needs
2.1.1. Explore developing a funding	Providers, including dental and non-	Head Start	2 years	Time to develop model
"model" that can be applied at the	dental, HCDSs (Health care delivery			
local level- Activity/Service Delivery	system), state health department, local			
Tracking	government, dental schools, public			
	school system, school/health services			
	advisory committees corporate sponsors,			
	health care foundations			
2.1.2. Seek funding support from	Providers, including dental and non-	Head Start	1 year	Individuals to decide what
corporate sponsors, health care	dental, HCDSs (Health care delivery			support/funding needs are
foundations	system), state health department, local			and who to target for
	government, dental schools, public			resources
	school system, school/health services			
	advisory committees corporate sponsors,			
212 2 2 11	health care foundations	AMA D.C.		
2.1.3. Provide incentives for private	Providers, including dental and non-	VIADC	1 year	Funding for incentives
dental providers to treat special	dental, HCDSs (Health care delivery			
needs/at-risk populations including	system), state health department, local			
but not limited to Medicaid patients	government, dental schools, public			
	school system, school/health services			
	advisory committees corporate sponsors,			
2.1.4. Utiling dental and dental	health care foundations	Hand Ctart	1.2 ************************************	Descible need for stradent
2.1.4. Utilize dental and dental	Dental and Dental Hygiene Schools;	Head Start	1-2 years	Possible need for student
hygiene students for preventive care	local head start agencies			expenses

Access to Care in Urban Areas Goal 2: Enable parents through case management to ensure adequate dental care

Strategies and Action Steps	Proposed Key Partners	Lead	Timeline	Resource Needs
2.2.1. Educate parents on what is	Family services, faith-based	Head Start	6 months to 1	Funding for educational
available (through workshops, radio,	organizations, health department,		year	materials
print ads) and eliminate barriers to	local WIC offices, transportation			
parents	services (private/public buses,			
	taxis, etc.), CHIP, Medicaid			
	Offices, sponsors			
2.2.2. Explore the integration of	State IT services, parental	Head Start	2 years	Funding for IT
computer systems between state	agreements to share information,			
agencies to facilitate update of	Legislators to allow or promote			
contact information (helps clinics and	data sharing in the HIPPA			
case managers have a current	environment			
telephone/address)				

Access to Care in Urban Areas Goal 3: Increase oral health literacy in culturally competent ways

Strategies and Action Steps	Proposed Key Partners	Lead	Timeline	Resource Needs
2.3.1. Identify cultural audience	Department of Social Services, Head	Head Start	1 year	Funding for survey of
	Start, School demographics			cultural backgrounds
2.3.2. Link Head Start Centers to	Language Department of	Head Start	2 years	Collect information to
language/cultural resources for oral	Universities/Colleges, Libraries,			distribute
health	individual interpreters, Head Start,			
	Religious civic leaders			
2.3.3. Develop written/audio	Museums, local colleges/universities	Head Start	2 years	Funding for design and
resources materials				printing
2.3.4. Establish an interface between	Head Start parent groups, religious	Head Start	Ongoing	
local Head Start Centers and health	groups, local businesses			
providers/community groups				

Access to Care in Urban Areas Goal 4: Increase the number of health professionals (including non-oral health) (RN's, PA's, MDs, RD's) that provide oral health services to children

Strategies and Timelines	Proposed Key Partners	Lead	Timeline	Resource Needs
2.4.1. Increase the number of	VCU School of Dentistry, local	VCU School of	1-2 Years	Funding for residency
pediatric dentists in residency	dental societies	Dentistry		training.
programs				
2.4.2. Increase the pediatric	VCU School of Dentistry, local	VCU School of	1-2 Years	
curriculum for general dental	dental societies, VDA	Dentistry		
students				
2.4.3. Educate health professionals	VDA, VIADC, VDH, State	VDH	1-2 Years	
and oral health professionals about	Department of Education,			
the oral health needs of children,	Department of Health Professionals,			
especially from low-income families	Virginia Dental Hygiene Assn,			
2.4.4. Educate general dentist about	AAPD, VCU School of Dentistry,	VDH	1-2 Years	
strategies for providing care for	Dental Societies			
young children (increase the pool of				
dentists treating children)				
2.4.5. Develop a triage system of	VDA, VIADC, VDH State	VDH	1-2 Years	
care with primary providers	Department of Education,			
conducting risk assessments and	Department of Health Professionals,			
screening and referring children to	Virginia Dental Hygiene Assn,			
dental providers for exams and				
treatment				

Access to Care in Urban Areas Goal 5: Increase utilization of Bright Smiles- Fluoride varnish for young children

Strategies and Action Steps	Proposed Key Partners	Lead	Timeline	Resource Needs
2.5.1. Develop media communication plan to educate the public (multi-lingual)	Various media outlets (newspaper, TV, radio, etc.), VDH, Head Start and other community health care agencies, VIDAC, Department of Social Services	VIADC	6 months	Funding for media
2.5.2. Distribute educational materials and provide training on Bright Smiles to all Head Start agencies	VDH-supplemental training, providers, VIADC	VDH	3-6 months	Funding for tool kit
2.5.3. Require participating medical providers to place varnish on Medicaid children, ages 0-3 (Change EPSDT requirements to include varnish for 0-3)	Medical providers, Local health care agencies, Head Start, VIADC, Legislators	DMAS	6-12 months	Funding for reimbursement Comments: Dental screenings are to be included in the EPSDT visits. Currently, only VA Premier and Medicaid Fee- for-Service reimburse for this service.
2.5.4. Change the flexibility in periodicity of applying fluoride varnish to children 0-3 for dental providers	DMAS, Doral, Dental Advisory Committee, Dental Implementation Advisory Group	DMAS	6-9 months	Funding for reimbursement Comment: Currently the ESPDT visits are six visits within 3 years.
2.5.5. Add oral health exam to preschool physical and immunization form	Physicians, dentists, insurers, parents, schools and VDH.	VDH	6-12 months	

<u>Prevention, Education and Outreach</u> <u>Goal 1: Increase educational opportunities for parents and children on oral health</u>

Strategies and Timelines	Proposed Key Partners	Lead	Timeline	Resource Needs
3.1.1. Develop a curriculum for Head Start and early child providers' use	VDH, Head Start, VIADC	VDH	6 months, update and ongoing	Form/recruit volunteers to work on curriculum; Pilot curriculum; Funding to develop or purchase existing curriculums
3.1.2. Develop a media/awareness campaign with a spokesperson - Identify a spokesperson to promote oral health (Oprah, former presidents, governors), create catchy message or slogan	Toothpaste/dental companies as partners, VIADC Members, spokesperson	VIADC	1 year	
3.1.3. Partner with large retail/fast food chains to help promote dental awareness/adverting by giving oral health materials to customers (timer, toothbrush, sticker chart, poster)	CEO's, Head Start, Retail/fast food partners	VIADC	1 – 2 years	
3.1.4. Provide training/education on oral health - Prenatal classes, hospitals, health fairs, FAMIS, WIC, parents, children, family resource workers, doctors and other health care professionals.	VA Dental Hygiene Assn, VDA, VDH, VIADC, Head Start, VA Hospital Assn	VDH	Ongoing	Funding for training materials and trainer
3.1.5. Explore funding for mobile units to provide services in rural areas	VA Dental Hygiene Assn, VDA, VDH, VIADC, Head Start	VDH	Ongoing	

<u>Prevention, Education and Outreach</u> <u>Goal 2: Expand and develop collaborative partnerships to increase and sustain education and prevention opportunities for Early Head Start and Head Start</u>

Strategies and Timelines	Proposed Key Partners	Lead	Timeline	Resource Needs
3.2.1. Expand partnerships to	Medical/dental partnering, early	VIADC	1-2 years	
develop and maintain resources for	childhood coalitions, WIC, loan			
oral health prevention	repayment for dental students to			
	increase providers in rural areas, faith-			
	based organizations, local churches,			
	private agencies, Kiwanis, Chamber			
	of Commerce, Rotary, Department of			
	Education, school systems, PTA,			
	hospitals, free clinics, professional			
	associations, Cooperative Extension,			
	VIADC, private industry funding			
3.2.2. Identify key partners and	Medical/dental partnering, early	VIADC	1 year	
begin coalition and develop	childhood coalitions, WIC, loan			
strategies	repayment for dental students to			
	increase providers in rural areas, faith-			
	based organizations, local churches,			
	private agencies, Kiwanis, Chamber			
	of Commerce, Rotary, Department of			
	Education, school systems, PTA,			
	hospitals, free clinics, professional			
	associations, Cooperative Extension,			
	VIADC, private industry funding			
3.2.3. Educate and train coalition	Medical/dental partnering, early	VIADC	1 year	
partners about the need for	childhood coalitions, WIC, loan			
partnering to promote importance of	repayment for dental students to			
oral health	increase providers in rural, faith-based			
	organizations, local churches, private			
	agencies, Kiwanis, Chamber of			

	Commerce, Rotary, Department of Education, school systems, PTA, hospitals, free clinics, professional associations, Cooperative Extension, VIADC, private industry funding			
3.2.4. Work with community colleges for hygienists to screen for	VA Dental Hygiene Assn, VDA, VDH, VIADC, Head Start	Head Start	Ongoing	
problems/clean teeth or refer children	, , , , , , , , , , , , , , , , , , , ,			

<u>Prevention, Education and Outreach</u> <u>Goal 3: Make Policies and regulatory action that will promote improved oral health of children</u>

Strategies and Timelines	Proposed Key Partners	Lead	Timeline	Resource Needs
3.3.1. Explore the possibility	Key partners for all include: DMAS,	DMAS	5 years	
of adding dental anticipatory	Bright Futures, Virginia Primary Care			
guidance to EPSDT	Association, health departments, local and			
	state medical and dental associations,			
	Department of Education, Virginia			
	Department of Health, Virginia			
	Legislators, medical and dental schools,			
	and Virginia Nurses Association			
3.3.2. Explore the potential of	VDH, Department of Education	VDH	1 year	
requiring a dental exam for				
school admission				
3.3.3. Provide parents of Head	VDH, Head Start, VIADC, DMAS	VIADC	5 years	Funding for coverage and
Start children with dental				treatment
insurance to be a good role				Comment: This would be
model				through a waiver to cover
				these services.